

Throwing Decision Making Workbook - Plan a Match Scenario

Throwing | Plan a Match Scenario | Asset ID CRIC-20-04-08

Purpose: This original printable decision making workbook helps players, coaches, clubs, schools and families work with throwing while pursuing one defined outcome: turn scoreboard and resources into a bounded tactical plan. Its method is to read the situation, name options, choose and review the consequence. Use the pages as a working record, not as a substitute for current competition rules, safe facilities, suitable equipment and qualified coaching or health guidance where those are needed.

Resource Map

The subject focus is to produce an accurate, safe return through footwork, alignment and suitable effort. The six working areas below define the scope for this specific resource. Complete only the rows that matter to the present practice block, and date any observation that may change.

#	Working area	Current evidence	Next check
1	Pickup Setup	Known / estimated / not checked	_____
2	Crow Hop	Known / estimated / not checked	_____
3	Shoulder Alignment	Known / estimated / not checked	_____
4	Release	Known / estimated / not checked	_____
5	Target	Known / estimated / not checked	_____
6	Recovery	Known / estimated / not checked	_____

Scenario and Facilitation Starting Brief

- Frame: Which evidence separates pickup setup from crow hop in this case? Frame a bounded scenario with a clear success measure.
- Assign: How does shoulder alignment change the interpretation of release? Assign roles, resources and stop conditions.
- Run: What boundary on target must be checked before relying on recovery? Run the scenario without adding hidden rules.
- Capture: Which observation links crow hop to target, and what remains uncertain? Capture decisions, timing and exceptions.
- Debrief: What alternative explanation could account for both release and pickup setup? Debrief actions with evidence and balanced participation.
- Edition success means: run and review the scenario with a reason for each adjustment

Decision Making Workbook

This format is designed to improve choices by linking ball, field and match information. For throwing, apply the method in a deliberate sequence: read the situation, name options, choose and review the consequence. The edition target is plan a match scenario, so each entry should show what was noticed, what was tried and what changed.

Working step	What to record	Evidence or source	Status
Frame Pickup Setup	Which evidence separates pickup setup from crow hop in this case?	Scenario brief / date	Open / checked
Assign Crow Hop	How does shoulder alignment change the interpretation of release?	Role map / date	Open / checked
Run Shoulder Alignment	What boundary on target must be checked before relying on recovery?	Scenario run / date	Open / checked
Capture Release	Which observation links crow hop to target, and what remains uncertain?	Event record / date	Open / checked
Debrief Target	What alternative explanation could account for both release and pickup setup?	Debrief / date	Open / checked
Transfer Recovery	What next check on recovery would make the record about shoulder alignment more useful?	Transfer plan / date	Open / checked

Completion Standard

- Keep the work tied to throwing, not to a vague general intention.
- Apply this adjustment: define the situation, roles, field and success measure
- Which decision from the scenario should change the next real attempt?
- Expose this outcome risk if it appears: hidden rules appear during the run.
- Use original notes and explanations; quote only when necessary, lawful and properly attributed.
- Ask a qualified coach, safeguarding lead or health professional to challenge one material assumption where appropriate.
- Close with one decision and one follow-up rather than an unranked list of ideas.

Working Note

Edition CRIC-20-04-08 pairs decision making workbook with the outcome 'Plan a Match Scenario'. That pairing is the boundary for this workbook: material that does not help that outcome belongs in a separate record.

Analysis x Scenario and Facilitation Focused Practice Lab

This lab pairs a analysis method with a scenario and facilitation outcome lens. Work through the six actions to turn the subject focus - produce an accurate, safe return through footwork, alignment and suitable effort - into evidence for plan a match scenario. Preserve any gap that prevents a supported conclusion.

#	Action	Constraint	Record
1	Question / Frame shoulder alignment	Which evidence separates pickup setup from crow hop in this case? Frame a bounded scenario with a clear success measure.	Question / Scenario brief
2	Measure / Assign release	How does shoulder alignment change the interpretation of release? Assign roles, resources and stop conditions.	Baseline / Role map
3	Analyse / Run target	What boundary on target must be checked before relying on recovery? Run the scenario without adding hidden rules.	Pattern / Scenario run
4	Contrast / Capture recovery	Which observation links crow hop to target, and what remains uncertain? Capture decisions, timing and exceptions.	Alternative / Event record
5	Stress-test / Debrief pickup setup	What alternative explanation could account for both release and pickup setup? Debrief actions with evidence and balanced participation.	Stress test / Debrief
6	Qualify / Transfer crow hop	What next check on recovery would make the record about shoulder alignment more useful? Transfer the learning into the next owned action.	Decision / Transfer plan

Common Failure Modes

- For shoulder alignment, watch for the question is too broad together with the scenario lacks a boundary.
- For release, watch for the baseline is not comparable together with roles or stop conditions are unclear.
- For target, watch for one result is an outlier together with hidden rules appear during the run.
- For recovery, watch for correlation is mistaken for cause together with only the final result is captured.
- For pickup setup, watch for the alternative fits equally well together with the debrief becomes blame.

Independent Review Question

Format question: Which alternative explanation best challenges the current conclusion? Outcome question: Which decision from the scenario should change the next real attempt? Ask a qualified coach, safeguarding lead or health professional where appropriate, then answer before the next practice block: _____

Cricket Practice Plan for Plan a Match Scenario

Use one defined practice block to test the outcome rather than attempting every possible task. This edition pairs analysis with scenario and facilitation to pursue this objective: turn scoreboard and resources into a bounded tactical plan. Preserve the starting condition and both evidence trails.

Plan field	Entry
Purpose	Plan a Match Scenario
Starting condition	_____
Chosen working area	_____
Event record	define the situation, roles, field and success measure
Evidence to capture	_____
Stop or review condition	_____

Thirty Minute Practice Shape

Stage	Action	Evidence
0-5 min	Which evidence separates pickup setup from crow hop in this case? Define the exact analytical question.	Question / Scenario brief
5-10 min	How does shoulder alignment change the interpretation of release? Capture a comparable baseline.	Baseline / Role map
10-18 min	What boundary on target must be checked before relying on recovery? Examine the strongest pattern.	Pattern / Scenario run
18-24 min	Which observation links crow hop to target, and what remains uncertain? Test an alternative explanation.	Alternative / Event record
24-27 min	What alternative explanation could account for both release and pickup setup? Check the result under one changed condition.	Stress test / Debrief
27-30 min	What next check on recovery would make the record about shoulder alignment more useful? State a bounded conclusion.	Decision / Transfer plan

Analysis Pass Log

Analysis Pass	Condition	Observation	Decision
1	Same / changed	_____	Keep / change / check
2	Same / changed	_____	Keep / change / check
3	Same / changed	_____	Keep / change / check
4	Same / changed	_____	Keep / change / check
5	Same / changed	_____	Keep / change / check

Analytical Claim Test - Scenario and Facilitation Lens

This comparison tests throwing against plan a match scenario through two independent questions. Format: Which alternative explanation best challenges the current conclusion? Outcome: Which decision from the scenario should change the next real attempt? Record material setting differences instead of averaging them away.

Evidence area	Baseline	Alternative	Interpretation prompt
Target	_____	_____	Which evidence separates pickup setup from crow hop in this case?
Recovery	_____	_____	How does shoulder alignment change the interpretation of release?
Pickup Setup	_____	_____	What boundary on target must be checked before relying on recovery?
Crow Hop	_____	_____	Which observation links crow hop to target, and what remains uncertain?
Shoulder Alignment	_____	_____	What alternative explanation could account for both release and pickup setup?
Release	_____	_____	What next check on recovery would make the record about shoulder alignment more useful?

Format Decision Test

Field	Record
Review question	Which alternative explanation best challenges the current conclusion?
Outcome question	Which decision from the scenario should change the next real attempt?
Acceptance lens	run and review the scenario with a reason for each adjustment
Conditions held steady	_____
Evidence supporting the choice	_____
Evidence against the choice	_____

Analysis Confidence Check

- Scenario brief: what was actually seen, heard, measured or read?
- Format evidence: which record best demonstrates patterns tested?
- Outcome evidence: which record best demonstrates runs completed?
- Challenge: could the debrief becomes blame explain the result?
- Subject boundary: what does this comparison leave unresolved about pickup setup?

Analysis x Scenario and Facilitation Scenario Cards

Use these paired scenarios to rehearse judgement for plan a match scenario. Each card joins a analysis failure mode to an outcome-specific risk. State what remains open and which evidence named in the final column should be collected next.

#	Situation	Review question	Decision
1	Pickup Setup: one result is an outlier.	Which evidence separates pickup setup from crow hop in this case?	Scenario brief
2	Crow Hop: correlation is mistaken for cause.	How does shoulder alignment change the interpretation of release?	Role map
3	Shoulder Alignment: the alternative fits equally well.	What boundary on target must be checked before relying on recovery?	Scenario run
4	Release: the conclusion overreaches.	Which observation links crow hop to target, and what remains uncertain?	Event record
5	Target: the question is too broad.	What alternative explanation could account for both release and pickup setup?	Debrief
6	Recovery: the baseline is not comparable.	What next check on recovery would make the record about shoulder alignment more useful?	Transfer plan

Decision Record

Field	Notes
Chosen format scenario	_____
Outcome lens	Which decision from the scenario should change the next real attempt?
Evidence available	_____
Evidence missing	_____
Controlled next step	_____
Person / review date	_____

Eight Analysis and Scenario and Facilitation Evidence Tracker

Track plan a match scenario across eight practice blocks using the analysis method and the scenario and facilitation outcome lens. Keep conditions visible and use this review question: Which decision from the scenario should change the next real attempt?

#	Focus	Condition	Result	Next action
1	Recovery	_____	_____	_____
2	Pickup Setup	_____	_____	_____
3	Crow Hop	_____	_____	_____
4	Shoulder Alignment	_____	_____	_____
5	Release	_____	_____	_____
6	Target	_____	_____	_____
7	Recovery	_____	_____	_____
8	Pickup Setup	_____	_____	_____

Analysis Evidence Dashboard

Measure	Baseline	Current	Evidence location
Pickup Setup: Questions Bounded / Scenarios Framed	_____	_____	_____
Crow Hop: Baselines Captured / Roles Assigned	_____	_____	_____
Shoulder Alignment: Patterns Tested / Runs Completed	_____	_____	_____
Release: Alternatives Considered / Events Captured	_____	_____	_____
Target: Limitations Stated / Debriefs Evidenced	_____	_____	_____
Recovery: Conclusions Qualified / Learning Transferred	_____	_____	_____

Interpret the Trend

- I kept the scenario rules and success measure visible throughout the run.
- I converted the debrief into a specific action with an owner.
- Keep the method only when the evidence for plan a match scenario improves without hiding the debrief becomes blame.
- What boundary on target must be checked before relying on recovery?
- Use a qualified coach, safeguarding lead or health professional when the evidence crosses a safety, rights, health or authority boundary.

Analysis x Scenario and Facilitation Next Step Plan

Finish by turning the paired format and outcome record into one owned action. For this decision making workbook, the intended result was plan a match scenario; the outcome test is: Which decision from the scenario should change the next real attempt? The close-out standard remains: run and review the scenario with a reason for each adjustment.

Close-out field	Record
Most useful evidence	_____
Important limitation	_____
Decision	Keep / adapt / pause / seek review
Next action	_____
Owner and date	_____
Evidence location	_____

Completion Review

- Subject check: Which evidence separates pickup setup from crow hop in this case?
- Subject check: How does shoulder alignment change the interpretation of release?
- Format check: I tested at least one credible alternative explanation.
- Outcome check: I kept the scenario rules and success measure visible throughout the run.
- I used a progressive warm-up and did not ignore pain, unsafe surfaces, heat or fatigue.
- I kept the drill generic and did not imply affiliation with a player, team, league or governing body.

Originality and Responsible Use

Original independent resource. This general practice, observation and review aid was written specifically for asset CRIC-20-04-08. It does not reproduce a book passage, manual, official form, commercial question bank, branded training plan, broadcast, photograph, logo, artwork, map, proprietary diagram or third-party worksheet. Any user-added quotation, image, question or source material remains the user's responsibility and may require attribution or permission.

Educational use only. Verify current facts, rules, competition requirements, local regulations, health and safety conditions with authoritative sources and a suitably qualified person where consequences matter. This workbook does not grant approval, certification, legal rights or permission to use third-party material.